## **SCREE ROUTE INSTRUCTIONS:**

**ROUTE: CATSTYCAM** 

**ULLSWATER** 

7.1 MILES, 2,670 FEET OF ASCENT



Start at the car park in Glenridding (NY 38617). Return to the main road and cross the bridge over the beck, before turning immediately right in front of the grocery store. Follow this road alongside the beck, past the village hall, and beyond the end of the houses where the road becomes a track. Take the right hand branch of the track at NY 384168, to continue past / through Gillside campsite (rather than turning left up to Lanty's Tarn). When you come to a T-junction, turn left up the road, and then very soon after turn right through a gate onto a path onto the open fell (NY378168). Turn sharp right at the first path junction after a couple of hundred metres, and climb up to another gate, where you keep left to cross a small stream and continue climbing. Continue on the substantial path up Little Cove until the ground flattens out briefly before a wall. The path bears right to follow the wall due west, before zig zagging up in a more northerly direction in the direction of the summit of Birkhouse Moor. Before reaching the summit, the path once more swings sharp left (west) and then SW to once more follow the wall (NY363160) along the ridge (past some small tarns / boggy ground).

Continue along the wall until the Hole-in-the-Wall (NY360155). Here, take a path which swings right, contouring the hillside (rather than continuing ahead to Striding Edge). This path will take you to the outlet of Red Tarn. It's worth taking a breather here to sit by the tarn for a short while – the corrie acts as a natural amphi-theatre from where to listen! (NY 350154) Follow the path from here which cuts a diagonal line above Red Tarn's northern shore towards Swirral Edge, turning right just before reaching the col to head back towards Catstycam (NY 346155). Follow the path to the distinct pointed summit (NY 348158).

If you've had enough of people by this point, you might choose to descend via the (v v steep) NW ridge into Keppel Cove. Since the purpose of this route is to be surrounded by people, though, the main route descends the more popular Eastern ridge instead (due E at first, and then SE to join the main path to Red Tarn NY 354156). Turn left onto this path to head due NE, then due N, towards the valley ahead. At the bottom of the main descent, you will cross a couple of footbridges, and follow Glenridding Beck down to a bridge over it at NY363173. If you are tired, you might choose to cross the bridge and follow the major track through the Greenside Mine workings back to Glenridding. The route marked here doesn't cross the bridge, instead contouring the northern flank of Birkhouse Moor back to the gate we passed through earlier at NY377167. Go through the gate, through the campsite and back along the road to Glenridding village and the car park.

NOTE THAT THIS ROUTE IS COMPLETED AT YOUR OWN RISK. WHILE EVERY CARE HAS BEEN TO ENSURE THE ACCURACY OF THE DESCRIPTION, SCREE CANNOT ACCEPT RESPONSIBILITY FOR ERRORS, OMISSIONS, OR CHANGES IN THE DETAILS GIVEN. IT IS YOUR OWN RESPONSIBILITY TO VERIFY THE ROUTE AGAINST THE MAP BEFORE SETTING OUT, AND TO TAKE RESPONSIBILITY FOR YOUR OWN NAVIGATION AND NAVIGATIONAL DECISIONS AT ALL TIMES.