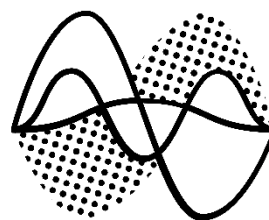


SCREE ROUTE INSTRUCTIONS:

SCARS ROUTE 1:

THE COLEDALE FELLS

(7.5 MILES, 2,749 FT ASCENT)



Scree

Reimagining the
Lake District Fells

Park in Braithwaite, by the church (NY 229236), and set off up the road towards Whinlatter. At the first big right-hand bend of this road, turn left along a path by a green park bench. This path heads up through woodland, along a fence, through a gate, before joining the main track to Force Crag Mine (those with buggies or in wheelchairs will prefer to park 200m further up the road to Whinlatter in a car park (NY 227238) in a small former quarry area, where this track begins).

Continue up the valley towards the crags and the mine, noting after about 1.5 miles where a track descends (to your left) to some stepping stones over Coledale Beck, before proceeding to the mine (NY 201216) a short distance beyond, which is the location for the first set of writing / art exercises.

Once you've looked around (please take care!), return to the track junction just before the mine, and turn right to descend to the stepping stones over Coledale Beck (NY 202218). On the far side, the path starts climbing up the flank of the hillside towards Coledale Hause, but we only stay on this path for about 500m (NY 202214) where a path turns sharp back left to climb the hillside more directly above. This smaller path zig zags up the flank of the hill, crossing Birkthwaite Beck, before joining / turning right onto a more major path, which has come up from Stoneycroft in the Newlands Valley. Follow this path to the col (GR NY204205), where unless the mist is down, you will clearly see the zig zag path which is the location for the second writing / art experiment straight ahead (due WSW). Climb the zig zags to the summit of Sail (GR NY 198203) where the experiment begins – descending and re-ascending the zig zags you've just come up!

Once you have completed the zig zag experiment, you can either retrace your steps back to Braithwaite, or vary the descent route as follows....

Head ENE from the col, on a path which zig zags for a short distance to the summit of Scar Crags, then continue along the ridge to the col which forms the lowest point between Scar Crags and Causey Pike (NY 215208). At this point, you can include an optional detour to Causey Pike, for views down into the Newlands valley, and Keswick beyond. Otherwise, coming from Scar Crags, turn sharp back left at the col, on a path (not marked on the OS) which is fairly indistinct at first, but becomes increasingly obvious as it cuts diagonally across the hillside, heading slightly to the left / W of the

summit of Outerside up ahead, before turning directly towards it until you meet the same path from Stoneycroft we previously joined higher up the fell (NY 211212).

Turn right, downhill, along this path for 200m (it's a bit rough and rocky), before bearing left on a smaller path which climbs gradually to the col between Outerside and Stile End (NY 218 218). Cross the somewhat boggy col, ignoring paths which climb up to Stile End to your right, to find a path which descends gradually down the northern flank of the hillside back towards Braithwaite. Pass through a gate near High Coedale, and down the metalled track into the village, keeping left to return to the church.

PLEASE NOTE THAT THIS ROUTE IS COMPLETED AT YOUR OWN RISK. WHILE EVERY CARE HAS BEEN TO ENSURE THE ACCURACY OF THE DESCRIPTION, SCREE CANNOT ACCEPT RESPONSIBILITY FOR ERRORS, OMISSIONS, OR CHANGES IN THE DETAILS GIVEN. IT IS YOUR OWN RESPONSIBILITY TO VERIFY THE ROUTE AGAINST THE MAP BEFORE SETTING OUT, AND TO TAKE RESPONSIBILTiy FOR YOUR OWN NAVIGATION AND NAVIGATIONAL DECISIONS AT ALL TIMES.