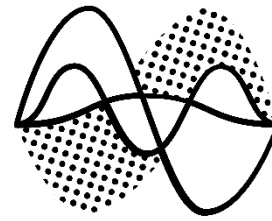


SCREE ROUTE INSTRUCTIONS:

SCARS ROUTE 2:

THE COLEDALE FELLS

(10.7 MILES, 4,300 FT ASCENT)



Scree

Reimagining the
Lake District Fells

Park in Braithwaite, by the church (NY 229236), and set off up the road towards Whinlatter. At the first big right-hand bend of this road, turn left along a path by a green park bench. This path heads up through woodland, along a fence, through a gate, before joining the main track to Force Crag Mine (those with buggies or in wheelchairs will prefer to park 200m further up the road to Whinlatter in a small quarry area where this track begins). Continue up the valley towards the crags and the mine, noting where a track descends to the left to some stepping stones over Coledale Beck after about 2.5km, before proceeding to the mine (GR NY201217) a short distance beyond, which is the location for the first set of writing / art exercises.

To continue, retrace your steps to the track (now down to your RHS) over the stepping stones (NY 202217), and on the other side of the beck, continue up the path which climbs the lefthand flank of the valley towards Coledale Hause. The path climbs steadily at first, across the flank of Sail above, before levelling out slightly as it climbs above the lip of the first buttress of Force Crag. The path crosses a stream, before the final steep zig zags up to Coledale Hause (NY 189212). The Hause is something of a junction, with paths heading off in many directions, so care needs to be taken to head slightly W of N to climb up to the first summit of Sand Hill, and then on to the shapely peak of Hopegill Head (NY 186222).

Retrace your steps to Coledale Hause and from here, take the path which continues straight ahead (SSW), leaving the shoulder of Crag Hill to your LHS. Continue along this path until the first major footpath junction / crossroads (NY 186202). Up to the right, a path leads to Grassmoor, and straight ahead paths lead to Wandope and Whiteless Peak. We turn left (E) to climb to the summit of Crag Hill (trig point NY 193204). Take care on the summit, which is located close to the edge of Force Crag, and head SE then ESE to find the start of the ridge which leads to Sail. This ridge is fairly narrow, and requires occasional use of your hands to scramble down some rock chutes. Beyond, the path climbs again up to the summit of Sail (NY 198203). The zig zags where the second experiment is located are now directly ahead (due NE).

Once you have completed the experiment, continue along the ridge to Scar Crags and Causey Pike, before retracing your steps to the lowest point on the ridge between these two fells (NY 215208). Here, a path cuts a diagonal line across the hillside (slightly to the right of straight ahead coming from

Causey Pike, back left from Scar Crag, and slightly indistinct at first), before turning right to head straight for Outerside, where you reach a path which has climbed up from Stoneycroft in the Newlands Valley at a sheepfold (NY 211212). Cross this path and climb on an indistinct track, steeply up to the summit of Outerside ahead (NY 211214). Descend the NE ridge to the col with Stile End, then climb straight ahead to this minor summit, before descending the nose of its NE ridge which descends to a gate onto a metalled track into Braithwaite near High Coledale.

PLEASE NOTE THAT THIS ROUTE IS COMPLETED AT YOUR OWN RISK. WHILE EVERY CARE HAS BEEN TO ENSURE THE ACCURACY OF THE DESCRIPTION, SCREE CANNOT ACCEPT RESPONSIBILITY FOR ERRORS, OMISSIONS, OR CHANGES IN THE DETAILS GIVEN. IT IS YOUR OWN RESPONSIBILITY TO VERIFY THE ROUTE AGAINST THE MAP BEFORE SETTING OUT, AND TO TAKE RESPONSIBILITY FOR YOUR OWN NAVIGATION AND NAVIGATIONAL DECISIONS AT ALL TIMES.