SCREE ROUTE INSTRUCTIONS:

ROUTE: THE EVOLUTION OF SCREE

WASDALE

8.5 MILES, 2,900 FEET OF ASCENT



Start at the National Trust car park (or campsite) at Wasdale Head (NY 182075), and continue walking away from the road (ESE), through a gate, and over a bridge, as if heading towards Scafell Pike. Having climbed up through the woods, with the bothy of Brackenclose in the woods above, instead of turning left for Scafell Pike, continue straight ahead, across another footbridge (NY 184072). Continue on this track, which climbs S in the direction of Illgillhead / Burnmoor Tarn, with a wall on your RHS, until you see a gate through the wall (NY181061). Here, you can either pass through the wall (as per GPX file) and follow one of a number of paths which continue climbing due SW to the summit of Illgillhead (again following a wall at first). Alternatively, you can continue along the Burnmoor Tarn path until the path junction at NY 183056 where you will take the right branch path, due WSW, towards the Illgill Head summit (NY 169049).

From the summit, continue along the main path for a couple of hundred metres, until a smaller path bears right to follow the cliff edge, offering spectacular views of the screes and the lake below (if you suffer from vertigo, might be best to stick to the main path!) Both of these paths continue in a SW direction for approx. 1.5 miles before the ascent to the summit of Whin Rigg (NY 152035). From the summit, there are fantastic views out to sea to distant wind farms, with Sellafield closer by.

From the summit of Whin Rigg, you have two options once again. The easier option involves continuing along the main path, due SW, to the path junction at NY 147029, where you will turn in a NNW direction to descend steeply along the side of Greathall Gill to the lake outlet below. Alternatively, you can cut a corner as per the GPX file, following runners' paths to join this descent route lower down. Either way, the going is steep and rough.

As you near the bottom, you come to a gate at NY 142035. Turn right here without passing through the gate, and follow the wall down to the track below / the outlet river from Wastwater. Turn right along the riverside track towards the lake (due ENE) to head towards the screes on the lake's southern shore, which lie beyond a pumphouse (this detour is worthwhile even if you plan to return via the road).

To return to the car via the road, turn back on yourself once you've explored the screes, back past the pumphouse along the river to the Lund Bridge (NY 142039). Cross the bridge, and turn right to follow a path through the woods along the northern bank of the river through the woods, and then along beside the lake, to rejoin the road at NY 148048.

To continue instead along the lakeshore, the going gets increasingly tricky after the pumphouse, after an attractive start. Once you hit the scree, the going becomes very difficult and slow. Instead of small rocks and pebbles, this scree is composed of sizeable boulders, with big gaps between them to trap your ankles in, and since it's north facing, the rocks are slippery and mossy through lack of sun! The path becomes unclear at times through the boulder fields, although some small cairns indicate the way at certain key points. It is certainly an experience to follow this path along the shore (which becomes unclear at times in the boulder fields), but it isn't one that I can recommend...and whatever you do. Don't rush it!

The second half of the route along the shore is easier than the first, and things become easier entirely as you approach the end of the lake, passing through a gate just before Wasdale Head Farm (NY 179067). Continue along the track between two walls back to the car park.

PLEASE NOTE THAT THIS ROUTE IS COMPLETED AT YOUR OWN RISK. WHILE EVERY CARE HAS BEEN TO ENSURE THE ACCURACY OF THE DESCRIPTION, SCREE CANNOT ACCEPT RESPONSIBILITY FOR ERRORS, OMISSIONS, OR CHANGES IN THE DETAILS GIVEN. IT IS YOUR OWN RESPONSIBILITY TO VERIFY THE ROUTE AGAINST THE MAP BEFORE SETTING OUT, AND TO TAKE RESPONSIBILITY FOR YOUR OWN NAVIGATION AND NAVIGATIONAL DECISIONS AT ALL TIMES.