SCREE ROUTE INSTRUCTIONS:

ROUTE: THROUGH THE LAKE GLASS ROUTE #1

BUTTERMERE

10.8 MILES, 4,900 FEET OF ASCENT



Take the dead-end road due SW from the Bridge Hotel, past Croft House café, and leaving the Fish pub to your RHS, to pass through a gate onto a track. Turn left and continue along this track, through another gate with the lake now directly ahead. This is a great spot for reflections, particularly early in the morning or late afternoon. Follow the track to the right (due SW again) to cross a footbridge which joins another path (just to the LHS of a different footbridge) coming in from both left and right (NY 173163). Head directly across this path to start climbing steeply up the reconstructed path towards Red Pike. This climbs steadily up through woods until the treeline, where you pass through a gate onto the open fell, where it continues zigzagging steeply up until you reach the outlet of Bleaberry Tarn (NY 167155). Cross the watershed – directly ahead you will clearly see the eroded path climbing up the flank of the hillside towards a saddle between Red Pike and Dodd, before continuing west up fairly rough and unstable scree slopes to scramble to the summit of Red Pike (NY 160154).

From Red Pike, the path isn't entirely clear at first, but it soon establishes itself. Head due south for a few hundred metres, before bearing sharp left (SE) along the rim of the cliffs above Bleaberry Tarn. Follow this path down to the col before a steady, rocky (but not difficult) climb up to the first summit of High Stile at 806m. The actual summit is a couple of hundred metres further on (due NE) at 807m (NY 170148).

From the summit of High Stile, skirt the top of the crags on your LHS (due SW) to rejoin the main path, which heads SE along a long pleasant ridge to High Crag (NY180140), just over a kilometre away. The Gamlin End descent route, due SE, is rough and unpleasant scree at times, but a path does wind its way through much of it, making the going slightly easier than it might otherwise have been! Descend to a col, with a small tarn off the RHS of the path, before a short climb up to Seat, and the final rocky descent to Scarth Gap (NY 189133). If you want to cut the route short, the path down to the shore of Buttermere here makes a good point to do so (once you reach the lakeside, you can follow the path either clockwise or anti-clockwise around the lake back to Buttermere).

To continue to Haystacks, cross Scarth Gap and ascend the path which climbs its way up through the rocks to a first summit of Haystacks, with a small tarn behind it, and the summit beyond (NY 193132). Haystacks has a good number of tarns, which frequently provide great reflections of the clouds! The path continues due ESE to the most sizeable of these, Inominate Tarn (NY 198130),

before descending due E to the watershed of Blackbeck Tarn (NY 202129), crossing Black Beck which flows steeply down to your LHS into Warnscale Bottom and Buttermere Lake. Continue straight ahead having crossed the beck, along a path which winds in and out of various sizeable knolls in an ENE direction, ignoring the path heading S after about 500m, to instead bend round to the north for about another 100m, where there is another path junction (NY 206132). To descend to the valley at this point and miss out Fleetwith Pike, continue straight on. Otherwise, to continue to Fleetwith Pike, bear right across Little Round How.

The path crosses a beck at NY 208134, with the mine workings up ahead, and off to the RHS. This area is criss-crossed with little footpaths. First aim for the Dubs Quarry bothy, and head from there along a track due ENE for a couple of hundred metres before meeting a path that turns sharp back left (NY 211136). Follow this path, which contours across the southern side of Fleetwith Pike, climbing steadily, before it turns a bit more to the right and climbs more directly to the summit (NY 206142). The summit has a spectacular situation, with cliffs dropping away steeply to the north and south west, and the descent route continuing down the obvious ridge ahead which follows the nose of Fleetwith Pike due WNW, all the way down to the road (NY 196149).

Follow the road NW through the hamlet of Gatesgarth, and continue along the road until it rejoins the lakeside at a small bay, where the path continues around the lake on your LHS (NY 191155). This path continues along the lakeside, including passing through a rather dark and damp tunnel (!) until the far end of the lake, to a path junction at NY 178165). Ignore the path continuing straight ahead (which goes straight back to the village), and instead go through the gate on your LHS, which continues back to the head of the lake, where you might be treated to more (on this occasion late afternoon) reflections. Follow the track on the RHS, through the gate, back to the village.

PLEASE NOTE THAT THIS ROUTE IS COMPLETED AT YOUR OWN RISK. WHILE EVERY CARE HAS BEEN TO ENSURE THE ACCURACY OF THE DESCRIPTION, SCREE CANNOT ACCEPT RESPONSIBILITY FOR ERRORS, OMISSIONS, OR CHANGES IN THE DETAILS GIVEN. IT IS YOUR OWN RESPONSIBILITY TO VERIFY THE ROUTE AGAINST THE MAP BEFORE SETTING OUT, AND TO TAKE RESPONSIBILITY FOR YOUR OWN NAVIGATION AND NAVIGATIONAL DECISIONS AT ALL TIMES.